



# Hearts Know Your Numbers Event

**May 8, 2024**  
**10:00am - 12:00pm**

**St. Barnabas Community Resource Center**  
**6006 W. Girard Ave. Philadelphia, PA**

Join the PCOM Hearts Medical Student Clinic and ECS for the Know Your Numbers event. Get the most up-to-date insight into your health.

**Free**  
**EVENT**

**NO**  
**APPOINTMENT**  
**NECESSARY**

## **BLOOD PRESSURE CHECK**



A blood pressure check is a measurement used to check for high blood pressure.

## **GLUCOSE CHECK**



A blood glucose test helps to diagnose diabetes, pre-diabetes and gestational diabetes.

## **HEART RATE CHECK**



Heart Rate check measures your heart rate to gauge your health, as it provides a real-time snapshot of your heart muscle function.

**For More Information**

Contact Us

**215.528.5406**

6006 W. Girard Ave Philadelphia, PA

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