



# BE GENEROUS AND DO GOOD.

**SUMMER 2019  
VOLUNTEER NEWSLETTER**

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# THANK YOU FOR MAKING AN IMPACT WITH US

## Happy summer to all of our wonderful volunteers!

While summer is usually a time to relax and stay cool in the sweltering heat, our volunteers have been extra busy.

In this edition of *Be Generous and Do Good*, we are delighted to spotlight a few of the events that our volunteers hosted at St. Barnabas Mission. In addition to introducing some new faces to the organization, we want to recognize some of our longstanding volunteers for their continued support and service over the past several years.

Within the pages of our newsletter we try to provide snapshots of the season, however, we can't possibly capture all of the amazing service you give every single day to benefit our participants and programs.

Thank you for continuing to help us make an impact. If you have any ideas for future editions of our newsletter, feel free to send me a note at [julyal@ecsphilly.org](mailto:julyal@ecsphilly.org).



Julya Loder  
Manager of Volunteer Programs

### YOU'RE INVITED

## Forum on Justice & Opportunity

Learn how some of the brightest minds are helping move people and communities out of poverty—for good. For tickets and more information, visit [ecsphilly.org/forum](https://ecsphilly.org/forum).

### WHEN

Thursday, October 24, 2019  
9:00am-3:00pm

### WHERE

WHYY  
150 N 6th St, Philadelphia, PA 19106

## FILL THE BUS UPDATE

Your support is what helps our students start the year off right!

On Tuesday, July 23, through the incredible efforts of 13 volunteers, more than 350 backpacks were packed and quality checked for the students in our Out of School Time Program. We are halfway towards our goal of having 700+ backpacks to give to the students in our afterschool and summer camp program! *(Continues on next page)*



***(Continued from previous)***

Our tremendous volunteer group included parishioners from Christ Church and The Church of Holy Trinity; employees from Vision Quest, a national youth services organization; General Manager from Staples; and family members of ECS staff.

Additional shout out to Anthony, our WorkReady intern, who had a key role in prepping for the event, organizing supplies, and creating a plan for an assembly line that made it easy for volunteers to navigate.

We also want to thank those that have supported this program by donating supplies. Your support and contributions are what allows us to help our students start the year off right!

To learn more about how to get involved, please contact Avyane Osborne, assistant director of development, at 215.351.1466 or at [avyaneo@ecsp Philly.org](mailto:avyaneo@ecsp Philly.org).



## CHAT & CHEW AT ST. BARNABAS MISSION

The What About That Woman organization is an online single moms' support group for more than 180 single moms and female caregivers.

Their mission is to help single moms establish their lives in the world by supplying resources, parenting tips, and a community of support.

Danielle Avery, its founder, hosted a female empowerment session for the mothers at St. Barnabas Mission on Saturday, June 15. Danielle spoke about such topics as

self-love, forgiveness, and single mom motivation. Along with a continental breakfast that Danielle provided, she also donated feminine hygiene products to all of the women residing in the shelter.

Given the positive feedback from the mothers that attended this event, Danielle has offered to return to St. Barnabas Mission in August for a follow-up session with a focus in career development.

A big thank you to Danielle for the time and energy she gives to women around the city—and for choosing to share her wisdom and talents with the mothers at St. Barnabas Mission.

### Check Out What About That Woman on Social Media

**Facebook:** What About That Woman  
**Instagram:** @what\_about\_that\_woman  
**YouTube:** What About That Woman

# IMPACT IS IN THEIR NAME IMPACT IS THEIR GAME

On the Saturday before Easter, four eighth graders shopped for, assembled, and delivered 30 Easter baskets to the children at St. Barnabas Mission.

This was made possible thanks to the wonderful team at The Impact Center, a purpose-driven resource center for engaged activism where young people realize their own potential and are given the tools to help others.



The Center is led by a team of seasoned and inspirational educators whose lifelong work has been devoted to character development, partnership building, service learning, and social justice.

Maria and Sandi, leaders of The Impact Center, later supported St. Barnabas Mission residents by throwing a Summertime Party with a crew of energized students. Ten volunteers arranged an afternoon filled with face painting, bubbles, beach ball games, music, and yummy popsicles!

With nearly 30 attendees, it was a high-energy and joy-filled event that brought lots of smiles.

Thank you to this great organization and the many young volunteers who bring excitement to the residents through their service. We look forward to an ongoing collaboration with this inspiring and compassionate team of people.



**Check Out The Impact Center  
on Social Media**

**Facebook:** The Impact Center  
**Instagram:** @igniting.purpose

## HELP NEEDED

As many of you know, in the final days of summer, many Philadelphians leave the city to go "down the shore" one last time. For many folks, the last week of August is a week of vacation. For our friends at Broad Street Ministry, it is notoriously their week of volunteer scarcity. Not only do they experience a shortage in volunteers, they see an increase in guest attendance. Broad Street Ministry would love your volunteer support in their biggest time of need from August 19 through September 6! Individual registration can be done online at [broadstreetministry.volunteerhub.com](https://broadstreetministry.volunteerhub.com). For group reservations, please email [volunteer@broadstreetministry.org](mailto:volunteer@broadstreetministry.org) or call 215.735.4847x106.

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## VOLUNTEER RECAP: COOK-OFF

This group has been instrumental in guiding new volunteers through their first Cook-Offs.

Cook-Off was brought to ECS in January 2016 from Trinity Memorial Church (TMC) as part of Community Outreach Partnership (CORP).

Since then, we have had a great group of dedicated volunteers from TMC that continue to show up the third Sunday of every month to St. Barnabas Mission with a eager-to-help attitude. This group has also been instrumental in guiding new volunteers through their first Cook-Off's. A big shout out goes to Margaret, Mike, Anita, Abbie, Daisy, and Jenny for all that you do.



## HEALTH & WELLNESS VOLUNTEER SPOTLIGHTS: CHOP & PCOM

Helping our participants lead happy, healthy lives.

In 2003, collaboration between the Children's Hospital of Philadelphia (CHOP) and St. Barnabas Mission (SBM) was established. To this day, through CHOP's Homeless Health Initiative (HHI), a collection of attending physicians, nurses, doctors, dentists, social workers, and medical students volunteer at the emergency shelter where they provide children with physical exams and dental assessments that are needed for enrollment in school.

Additionally, every Thursday during the academic year, CHOP-HHI volunteers run Wellness Workshops for the women while providing Safe Physical Activity and Recreation for Kids (SPARK) at the shelter.

After seeing how valued the on-site care was for the children, outreach efforts were made to try and connect with health service providers for the women at the shelter. In 2013, SBM secured a partnership with the Philadelphia College of Osteopathic Medicine (PCOM) where volunteers from their Medical Student-Run Clinic began providing the mothers at SBM with primary care and health service needs.

We want to thank these incredible volunteers for providing our participants at St. Barnabas Mission with the care they need to achieve their goals and lead happy, healthy lives.

# NATIONAL VOLUNTEER WEEK RECAP

We had an amazing time celebrating our passionate volunteers during National Volunteer Week.

The week began with lots of energy and enthusiasm as a group of volunteers hosted a party for the residents at St. Barnabas Mission. Throughout the week, our team visited several volunteers at their homes or places of work to deliver thank you swag bags. Other events were weaved in throughout the week, including Facebook Live interviews for our Being Bold series; a panel discussion on Interfaith Fatherhood and the Young Friends Circle hosted a 90s-themed Quizzo event. The week concluded with a staff Day of Service at one of our afterschool program sites. Thank you to all who attended our events, participated in service, or welcomed us on visits!



## THINK, CARE, ACT IT'S AS SIMPLE AS THAT

These two students showed us that age does not limit your ability to make a difference.

As part of their Think, Care, Act project, two sixth grade students from The Episcopal Academy led a goods drive to collect and donate hygiene products to the mothers and children at St. Barnabas Mission. The two young do-gooders collected essentials like toothpaste, combs, soaps, feminine products, and more. Through this generous act of kindness, these two students showed us that age does not limit your ability to make a difference. Hats off to them!

# VOLUNTEER OPPORTUNITIES

## BE GENEROUS AND DO GOOD

### Community Cook-Off

Cook-Off volunteers gather every month to assemble 200+ dinners to be distributed to frail aging adults in the City of Philadelphia. No cooking is involved, so your time commitment is limited and easy to fit into a busy schedule.

**Location:** *St. Barnabas Mission*

**Date & Time:** *Third Sunday of every month*

### Be a Companion

Our companionship programs for the elderly carefully match volunteers to an isolated aging adult either living independently in Philadelphia or in a nursing home or assisted living facility in the Philadelphia suburbs.

**Location:** *Matched for your convenience*

**Date & Time:** *Based on your schedule*

### Afterschool Tutor

Assist the elementary and middle school students in our Out of School Time program with reading, writing, math, homework, and study skills.

**Location:** *Various*

**Date & Time:** *Weekdays 3:00-6:00pm*

### Children's Party/Activity Host

Host a children's party at St. Barnabas Mission! Get creative with your theme and plan a party for the moms and their children. Hosts bring snacks, crafts, and/or games for a fun filled afternoon with our families!

**Location:** *St. Barnabas Mission*

**Date & Time:** *Sunday afternoons, select dates*

### Speed Networking Panelist

Share your career story with the young men and women in our workforce development program, The RISE Initiative. Volunteers speak to the young adults about their occupation and the steps they took to get there.

**Location:** *Main Office*

**Date & Time:** *Quarterly, 5:30-7:30pm*

### Lead a Goods Drive

Help ECS provide necessities to our participants by organizing a donation drive at your place of worship, workplace, or in your community! Some of our most needed items include: non-perishables, canned goods, condiments, baby food, books, and diapers.

**Location:** *Various*

**Date & Time:** *Based on your schedule*

### Community Food Cupboard

Volunteers (individuals or groups up to three people) are needed to help organize the food pantry and assist with food distribution.

**Location:** *St. Barnabas Mission*

**Date & Time:** *Tuesday-Thursday, 9:30-11:45am*



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### FOR MORE INFORMATION

Visit [ecsphilly.org/volunteer](https://ecsphilly.org/volunteer) or email us at [volunteer@ecsphilly.org](mailto:volunteer@ecsphilly.org) with your area of interest.

# UPCOMING EVENTS: SAVE THE DATES

## Cook-Off

**Location:** St. Barnabas Mission (6006 W. Girard Avenue, Philadelphia, PA 19151)

**Date & Time:** September 15, 2019 and October 20, 2019, 1:00pm-2:00pm

## Forum on Justice & Opportunity

**Location:** WHY? (150 N. Sixth Street, Philadelphia, PA 19106)

**Date & Time:** Thursday, October 24, 2019, 9:00am-3:30pm

If you are interested in learning more or attending any of these opportunities, please email Julia Loder at [julyal@ecsphilly.org](mailto:julyal@ecsphilly.org).

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“I enjoy doing the Cook-Off when I can. It’s simple, easy, and a good way to reduce stress for a good cause.”

**ALEX BURDZY, VOLUNTEER AND YOUNG FRIENDS CIRCLE FOUNDING MEMBER**

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